

**MISSION STATEMENT**

To provide children a personal trainer mentor; who will educate them in exercise, proper fitness training and nutritional tips.



**EVERY SATURDAY**  
**10am - 11am**

**NW Corner of Crescent Lake Park**  
**22nd & Crescent Lake Dr.**

**This class is for parents  
and their kids.**

*Workout with your kids  
or sit back and watch!*

**[www.JUMPFORKIDSFL.org](http://www.JUMPFORKIDSFL.org)**  
**[info@JUMPFORKIDSFL.org](mailto:info@JUMPFORKIDSFL.org)**